

# HOOSIER UPLANDS

## EMPLOYEE NEWSLETTER



### **Mission Statement**

---

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.



# AHEC ANNUAL REPORT FOR THE MOST RECENT COMPLETED PROGRAM YEAR



**SOUTH CENTRAL INDIANA  
AREA HEALTH EDUCATION CENTER**

## 2024-2025 PROGRAM HIGHLIGHTS

More than 2 million Hoosiers live in communities that do not have access to healthcare. The Indiana AHEC Network's mission is to improve health by recruiting, educating, and retaining healthcare professionals in underserved communities.

Hosted by the Hoosier Uplands Economic Development Corporation, the South Central Indiana (SCI) AHEC was established in 2003. SCI AHEC serves 12 counties: Brown, Clark, Crawford, Floyd, Harrison, Jackson, Lawrence, Martin, Monroe, Orange, Scott, and Washington



### Pathway Programs **362 Indiana students served**

Pathway programs expose students to health careers and develop intent to pursue postsecondary education in primary healthcare professions.

- 86% students live in a rural community.
- 52% students are under-resourced.
- 68% plan to pursue a career in the health care field

A

52%

### Community-Based & Clinical Trainings **152 Indiana students served**

Clinical training improves readiness, willingness, and ability of health profession trainees to serve in primary care, rural, and medically underserved communities.

- 69% of students plan to stay and practice in Indiana.
- 69% of students plan to practice primary care.
- 57% of students plan to practice in a rural community.
- 55% plan to practice behavioral health.

B

### Indiana AHEC Scholars **38 Indiana students served**

Indiana AHEC Scholars is a two-year intensive program designed to prepare future health professionals with the leadership skills necessary to better serve Hoosiers.

- 79% of students plan to stay and practice in Indiana.
- 47% of students plan to practice primary care.
- 71% of students plan to practice in a rural community.
- 42% plan to practice behavioral health.

C



### Continuing & Professional Education **114 Indiana health professionals served**

Continuing education provides health professionals with access to resources to improve the quality of care for Hoosiers in rural and underserved communities.

D

*The team surpassed the goal amount of people served in all categories!!!*



Hoosier Uplands-Strategic Development is currently looking for vendors for our annual Back to School Bash that will take place on Thursday, July 23rd from 4-7pm at the Lawrence County Fairgrounds Expo Hall. If interested in becoming a vendor and having a booth, please complete the form by scanning the QR code below! Have any questions?

Email Hailey England at  
[hengland@hoosieruplands.org](mailto:hengland@hoosieruplands.org).







**i talk**  
they hear you<sup>®</sup>

# START TALKING BEFORE SHE HEADS OFF TO SCHOOL.

**It's never too early to have a conversation about alcohol and other drugs.**

The sooner you talk about the dangers of underage drinking and substance use, the greater chance you have of influencing your child's decisions about using alcohol and other drugs. For tips on how—and when—to begin the conversation, visit

**[www.underagedrinking.samhsa.gov](http://www.underagedrinking.samhsa.gov)**

**#TalkTheyHearYou**

PEP20-03-01-043



**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration



# TOBACCO PREVENTION: THE IMPORTANCE OF SMOKE-FREE POLICIES

*A Review & Presentation*

**Join Olivia Findlay, Tobacco Prevention Coordinator for Daviess County, on Feb. 10th at 10am via Zoom to learn more about tobacco prevention & education and see what the Daviess Co. Tobacco-Free Coalition has been doing this grant cycle to improve the health of their community.**

**Please email**

**OFindlay@hoosieruplands.org for a meeting invite.**



**A Health, Education, and Aging division program**



**GO FOLLOW OUR HOOSIER  
UPLANDS HOME HEALTH AND  
HOSPICE FACEBOOK PAGE! LINK IS  
BELOW.**

<https://www.facebook.com/profile.php?id=61574608183275>





On January 11, 2026, Margaret Staggs celebrated her 53rd work anniversary with Hoosier Uplands. Margaret began her career with the agency on January 11, 1973 driving a van picking up children enrolled in Head Start. Over the years, Margaret has helped in classrooms and the kitchen, consoled crying children as they board the bus for the first day of school, and anything else that needed to be done around the center. She has trained countless individuals to become bus drivers and is a great cheerleader for Head Start and Early Head Start. Happy 53rd Work Anniversary, Margaret!

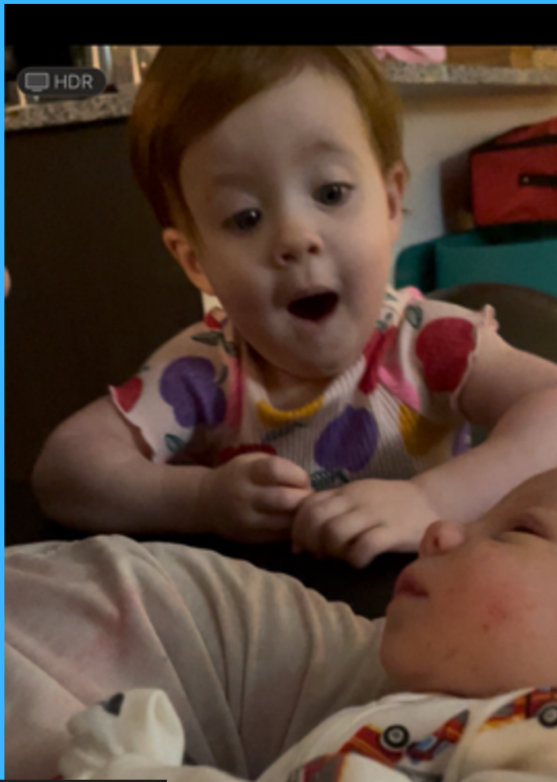


*Congrats!*

# GOOD NEWS!

**Janine Martin's daughter, Nadine, gave birth to her 2nd grandchild January 1st @ 1:10pm!**

**Ivan was born 8lbs 5oz and 20" long. She said you can tell big sis is happy to see her baby brother. They're all doing great!**





# CONGRATS

ALISSA LIVINGSTON, 21<sup>ST</sup> CCLC  
SPRINGS VALLEY PROGRAM  
COORDINATOR, WELCOMED HER  
FIRST CHILD ON JANUARY 10, 2026.

KACE ALAN SCHNEIDER  
8LBS 9 OZ, 21IN



# Upcoming Mitchell Opera House Shows!

MARCH 7TH ELTON JOHN/BILLY JOEL  
TRIBUTE

MARCH 14TH BACKWOODS BLUEGRASS

MARCH 21ST THUNDERBEARED

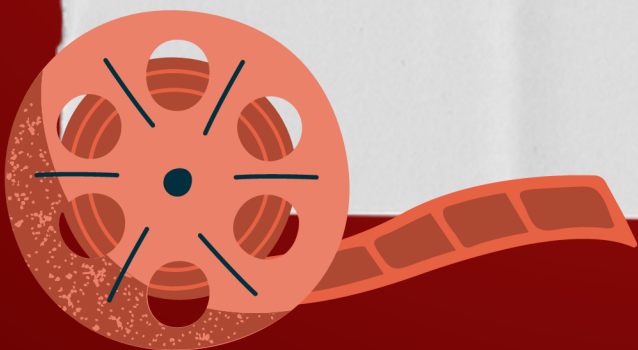
MARCH 28TH THE MONARCHS PENDING  
CONTRACT

APRIL 4TH TYLER CHRISTOPHER ELVIS  
TRIBUTE

APRIL 11TH HONKY TONK REWIND  
COUNTRY

APRIL 18TH LICK CREEK

APRIL 25TH KATIE MAY COUNTRY BAND





# EMPLOYEE ASSISTANCE PROGRAM

The employee assistance program is now open to all employees. Employees may request assistance to pay for any health, dental, or mental health co-pay or bill balance that is in employee's name.

## How to request assistance:

Please contact Emily Webb for an Employee Assistance Form, and submit form and a copy of bill to Emily. On a monthly basis, the Health and Wellness committee will review all requests using an anonymous system.

Contact:  
[ewebb@hoosieruplands.org](mailto:ewebb@hoosieruplands.org)

## UPCOMING BIRTHDAYS!

February Birthdays:

6th - Brandi Boutelle

7th - Alison Piper

8th - Jerri Goodpaster

12th - Kelsey Schmitz

15th - Shelia Ratliff

16th - Carrie Stephenson

23rd - Deanna Porter

25th - Zach Kendall

27th - Michael Dockery

*Happy  
Birthday*







# HOOSIER UPLANDS CAN HELP YOUR CHILD SLEEP SAFE!

WE OFFER PACK N PLAYS AND SAFE SLEEP  
TRAINING FOR THOSE IN NEED! CALL US  
AT 812-849-4447 AND ASK FOR WHITLEY  
CLEMENTS!

*We can help keep  
your child safe!*

**HOOSIER UPLANDS OFFERS FREE CAR SEATS,  
AND FREE CAR SEAT CHECKS FOR THOSE IN  
NEED.**

**CALL OUR OFFICE AT 812-849-4447 AND ASK  
TO SPEAK WITH WHITLEY CLEMENTS!**

**Car seats offered include convertible, combination,  
high back booster and booster seats!**





## PRAYERS REQUESTED:

- The Hoosier Uplands Head Start and Early Head Start family is requesting prayers for a former Head Start teacher, Laura Dougherty. Laura has been battling ovarian cancer that had metastasized to other organs of her body. We learned in early January that her markers have drastically increased. Please remember Laura and her family in your prayers.
- Prayers for Steven and Sara Smiley
- Janine Martin & family

Let's  
Pray 